

# Also served daily:

Fresh Fruit
Wholemeal Bread
Yoghurt
Cheese & Biscuits
Semi-Skimmed Milk
Water

Occasionally due to

circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

Please note our menus/food may contain allergens. We are able to provide allergen information on request or please visit the Bridgend CBC website for more information.

\* NURSERY PUPILS



# PRIMARY MEEKS WEEKS WEEKS

#### MONDAY

Broccoli & Macaroni Cheese or \* Cod & Salmon Fish Fingers Herby Diced Potatoes Baked Beans, Sweetcorn, Garden Peas & Salad Berry Cupcake

#### MONDAY

Chinese Style Salmon
or \* Loaded Vegetable Pizza
Sauté Potatoes or Noodles
Sweetcorn, Stir-fry Vegetables, Coleslaw & Salad
Tutti Fruitti Flapjacks

#### MONDAY

\* Lemon Sole
or Tomato & Mushroom Pasta
Jacket Potato or Savoury Pasta
Mixed Vegetables, Sweetcorn, Broccoli & Salad
Toffee Apple Brownie

#### TUESDAY

\* Lasagne / Bolognese Bake or Tuna Melt Savoury Pasta or Jacket Potato Country Vegetables, Broccoli, Coleslaw & Salad Raspberry & Peach Swirl Sponge & Custard

#### **TUESDAY**

\* Fish Fillet
or Ranch Pie
Herby Diced Potatoes
Country Vegetables, Sweetcorn & Garden Peas
& Salad
Tropical Rice Pudding or Arctic Roll & Fruit

#### **TUESDAY**

\* Chicken Goujons or Beef Burger in a Bun Vegetable Rice or Potato Wedges Coleslaw, Green Beans, Garden Peas & Salad Pancakes/Waffles & Banana Ice Cream

#### WEDNESDAY

\* Roast Turkey & Stuffing in Rich Gravy or Savoury Meatballs in Gravy Creamed Potatoes or Boiled Potatoes Green Cabbage, Carrots & Diced Swede Fruit Yoghurt or Fresh Fruit

#### WEDNESDAY

\* Chicken Fillet with Sage & Onion Stuffing or Baked Sausages Creamed Potatoes or Boiled Potatoes Carrots, Cabbage & Cauliflower Fruit Yoghurt or Fresh Fruit

### WEDNESDAY

Roast Beef & Yorkshire Pudding or \* Chicken Hotpot Roast Potatoes or Boiled Potatoes Baton Carrots, Cabbage & Swede Fruit Yoghurt or Fresh Fruit

#### **THURSDAY**

\* Pork Sausage & Bean Casserole or Cheese & Tomato Pizza Potato Wedges Garden Peas, Sweetcorn, Country Vegetables & Salad Fruit Jelly & Strawberry Swirl

# **THURSDAY**

\* Pork Frikadellons or Cheese & Potato Pie Creamed Potatoes or Boiled Potatoes Baked Beans/Tomatoes, Garden Peas & Broccoli Eve's Sponge & Custard

# **THURSDAY**

\* Roast Pork with Sage & Onion Stuffing or Chicken & Ham Pie Creamed Potatoes or Boiled Potatoes Green Beans, Carrots & Garden Peas Fruit Crumble/Tart & Custard

# FRIDAY

Chicken Korma/Tikka
or \* Fish Fillet in a Bun
Vegetable Rice or Chipped Potatoes
Country Vegetables, Garden Peas, Broccoli
& Salad
Pear & Chocolate Muffin

## FRIDAY

Katsu Chicken Curry
or \* Burrito Boats

Vegetable Rice or Chipped Potatoes
Broccoli, Garden Peas,
Sweetcorn & Salad
Chocolate & Orange Cheesecake

#### FRIDAY

BBQ Chicken
or \* Salmon Goujon Salad Cones
Vegetable Rice, Jacket Potato
or Chipped Potatoes
Broccoli, Sweetcorn, Garden Peas & Salad
Fruit Jelly & Dream Topping