



Early Help Bridgend

Information for Families

Children, Young people and their families sometimes need a little extra help and support to have happy, healthy and successful lives.

The Early Help Team can pull the right people together to help you and your family.

We put the family at the centre of the support from start to finish of any involvement with the Service.



What is Early Help all about?

It's about talking about strengths as well as areas that could be improved.

It's about getting you the right help at the right time.

It's about bringing together a team of the right people who can help your family.

It's about listening to you and giving you choices.

What will my Early Help worker do?

- Once receiving a referral the worker will arrange to meet with you to complete a whole family assessment to look at changes you would like to make to improve family life and to answer any questions you may have.
- You will agree an action plan which sets out how you will achieve positive changes and who will be responsible for each action. We may also contact other organisations who have supported your family in the past or could help in the future.
- The worker may refer to other agencies and professionals if additional help is needed to make sure you are getting the right support.



How can we help?

Some areas we are able to support you with are :

- Parenting
- Support for Young Carers
- Managing challenging behaviour (0-25yrs)
- Support in school
- Issues around school attendance
- Domestic violence
- Benefits / debt management
- Emotional health
- Mental health (Anxiety & stress)
- Disabilities
- Employment

If you think the Early Help team can support you, please ask any professional you are already working with to submit an Early Help referral. You may also speak to your child's school to do this for you or alternatively contact the Early Help screening team to self refer on 01656 815420.



My Worker is:

